## BACKPACKS FOR THE HOMELESS



Have you ever looked at a homeless person and wondered what you can do to help? Do you feel guilty every time you pass a homeless person? Do you worry about giving the homeless cash? Well, you're not the only one. Most of us grapple with these issues.

Most homeless people and their advocates believe that sharing with the homeless things that we take for granted, things such as toiletries, water and snacks etc., go a long way to helping them.

But how do you do that? Recently we came across a brilliant idea where
 individuals could make a huge difference for so little money and time.

Here is what you can do: buy an inexpensive, used backpack; fill it up with inexpensive goods, all from Goodwill, Dollar Tree or other thrift shops; and give it to a homeless person the next time you see one.

Here's a short list of things you can buy inexpensively... you can add your own, too.

| TOILETRIES | FOOD ITEMS | OTHERS |
| :--- | :--- | :--- |
| Soap | Crackers | Mittens |
| Toothbrush | Canned Tuna or Chicken Salad | Hats |
| Toothpaste | Granola or Power Bars | Socks |
| Toilet Paper | Peanut Butter | Scarfs |
| Wet Wipes | Bottled Water | Light Blankets |
| Hand Sanitizer | Apple Sauce | Sweaters |

Just to show you what one can do, we have filled up six backpacks with these and other items, for an average cost of $\$ 18.00$, including the backpack. These bags will be handed over to the next homeless person we see.

You can prepare a backpack or two once a month; and keep them in your car, and next time you see a homeless person, simply hand that person a bag and say, "God Bless".

And that's it! For less than \$20 you will be making a big difference.
THANK YOU AND GOD BLESS
For more information or ideas, please visit this link and view the video http://www.ebaumsworld.com/video/watch/83776215/

